

Swimming Pool Time Table

Cold Water Hours

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday																
		Lane Swim			Aqua	Public	Disabled & 50+	Lane Swim	Closed			Swim School		Public	Aqua	Lane Swim
Tuesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim			Public	Swim School		Lane Swim	Closed		Swim School			Turbos	Lane Swim	
Wednesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim			School booking		Aqua Therapy	Aqua	Closed		Swim School			Public	Turbos	Lane Swim
Thursday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Masters		School booking		Disabled 50+	Lane Swim	Closed			Swim School			Public	Lane Swim	
Friday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim			Public	Swim School		Aqua	Closed		Swim School			Staff Training	Turbos	
Saturday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim		Swim School			*SWISH Party Hire	Public	Splash	Lane Swim						
Sunday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim		Public			*Party Hire	Closed								



DEMOLITION RUN! Our new exciting inflatable! Strong swimmers only. Please arrive 15mins prior to the session.

Swimmers are required to swim a whole length without goggles before going on the inflatable

RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements of the business - Please see "Pool Closure Notice" on our Website or at Reception

The pool will be cleared 2 minutes before each session is due to end. Public sessions will have 1 fast lane in at all times and 1 closed lane.

Young Swimmers - Please note that under 8's must be accompanied and supervised in the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

* Thursday Staff Training and Party Hire reverts to Public Swim when not in use - Please refer to "Pool Closure Notice"