Swimming Pool Time Table

01/04/24-14/04/24

Monday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Aqua	NPLQ Public	Disabled & 50+	Holiday activities Splash	Lane Swim	Holiday activities Splash	S	Swim Schoo	ol	Public	Aqua	Lane	Swim
Tuesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim		PLQ NF				NPLQ Public	Holiday activities Splash	Public	Swim School		ol	Turbos Lane Swin		ne Swim	
tes	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
wednesday	Lane Swim			Public		Aqua Therapy	Aqua	Lane Swim	Holiday activities Splash	Swim School			Turbos Public	Lane Swim		
Thursday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Masters Lane Swim		Public	Holiday activities Splash	Disabled 50+	Public	NPLQ Lane Swim		Public	Swi	m School		Public	Lane	Swim	
Friday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim		LQ Swim School		Aqua	Lane Swim	Holiday activities Splash	NPLQ Public	Swim School		*Staff Training	Turbos				
Saturday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Swim School			NPLQ Public		Splash	Lane Swim						
Sunday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		La	ne Swim	Publ	lic		*Party Hire	Lane Swim	Public	Lane Swim						



DEMOLITION RUN! Our new exciting inflatable! Strong swimmers only. Please arrive 15mins prior to the session.

Swimmers are required to swim a whole length without googles before going on the inflatable

RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements of the business - Please see "Pool Closure Notice" on our Website or at Reception

The pool will be cleared 2 minutes before each session is due to end. Public sessions will have 1 fast lane in at all times and 1 closed lane.

Young Swimmers - Please note that under 8's must be accompanied and supervised in the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

Please be aware the NPLQ slots will be in use from 08/04/24-13/04/24.