

Swimming Pool Time Table

01/04/24-14/04/24

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday																
		Lane Swim			Aqua	NPLQ Public	Disabled & 50+	Public	Lane Swim	Holiday activities Splash	Public	Swim School		Public	Aqua	Lane Swim
Tuesday																
		Lane Swim		NPLQ Public	Swim School			Lane Swim	NPLQ Public	Holiday activities Splash	Public	Swim School			Turbos	Lane Swim
Wednesday																
		Lane Swim		NPLQ Public	Aqua Therapy		Aqua	Lane Swim	Holiday activities Splash	Public	Swim School			Public	Turbos	Lane Swim
Thursday																
		Masters Lane Swim		Public	Holiday activities Splash	Disabled 50+	Public	NPLQ Lane Swim		Public	Swim School			Public	Lane Swim	
Friday																
		Lane Swim		NPLQ Public	Swim School			Aqua	Lane Swim	Holiday activities Splash	NPLQ Public	Swim School		*Staff Training	Turbos	
Saturday																
		Lane Swim		Swim School				NPLQ Public	Splash	Lane Swim						
Sunday																
		Lane Swim		Public			*Party Hire	Lane Swim	Public	Lane Swim						



DEMOLITION RUN! Our new exciting inflatable! Strong swimmers only. Please arrive 15mins prior to the session.
Swimmers are required to swim a whole length without goggles before going on the inflatable

RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements of the business - Please see "Pool Closure Notice" on our Website or at Reception

The pool will be cleared 2 minutes before each session is due to end. Public sessions will have 1 fast lane in at all times and 1 closed lane.

Young Swimmers - Please note that under 8's must be accompanied and supervised in the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

Please be aware the NPLQ slots will be in use from 08/04/24-13/04/24.