

# Swimming Pool Timetable


01/09/25-26/10/25

Monday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim			Aqua	Public	Disabled & 50+	Lane Swim	School Public		Public	Swim School		Public	Aqua	Lane Swim
Tuesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim			Public	Swim School		Aqua	Public		Swim School			Turbos		Lane Swim
Wednesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim			School booking		Gentle Aqua	Aqua	Lane Swim	Public	Swim School			Public	Turbos	Lane Swim
Thursday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Masters		Public		Disabled 50+	Lane Swim	Staff Training	Public		Swim School			Public	Aqua	Lane Swim
Friday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim			Swim School		Aqua	Public		Gentle Aqua	Swim School			Staff Training	Turbos	
Saturday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim		Swim School			Public	Lane Swim	Splash	Lane Swim						
Sunday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Lane Swim		Public			*Party Hire	Lane Swim	Public	Lane Swim						

The pool will be cleared 3 minutes before each session is due to end. Public sessions will have 1 fast lane in at all times and 1 closed lane.

RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements of the business - Please see "Pool Closure Notice" on our Website

Young Swimmers - Please note that under 8's must be accompanied and supervised in the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

 **Demolition Run!** Race your friends on our exiting new inflatable

**Strong swimmers only**- please arrive 15 minutes before session starts (8-15 years)



Swimming for memories- see back for more info

*RiversMeet*

ACTIVE

THE

# SWIMMING POOL

## Admissions:

Adult - £7.20

Concession - £6.70

Junior - £4.95

## Pool

## Memberships

From £36.00 a month

**Join Today!**



*RiversMeet*

ACTIVE



**Dementia Friendly Gillingham**

**Are pleased to offer you FREE**

**‘Swimming for Memories.’**

## *RiversMeet Leisure Centre*

Will provide an hour of dedicated safe and supportive swimming or pool relaxation, with trained staff.

For people who have memory loss, or any form of dementia, with a carer or loved one.

Weekly from 2pm-3pm.

**From MONDAY SEPTEMBER 1<sup>st</sup>  
until MONDAY OCTOBER 27<sup>th</sup> 2025**

We look forward to seeing you on any, or all, Monday afternoons in September and October.

**No need to book.**

Dementia Friendly Gillingham is not an affiliated part of any organisation. Registered Charity No. 1106977