

Swimming Pool Timetable

31/08/26- 06/09/26

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday																
	Closed			Public	Disabled & 50+	Lane Swim		Public		Splash	Lane Swim		Closed			
Tuesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Public			Aqua	Public			WAVE Rave	Public	Lane Swim			Moonlight Swim
Wednesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Public		Gentle Aqua	Aqua	Lane Swim	Public		Splash	Public	Lane Swim			Moonlight Swim
Thursday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Aqua Zumba	Public	Disabled 50+	Lane Swim	Staff Training	School booking	Public				Aqua	Lane Swim	Moonlight Swim
Friday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Lane Swim			Public			Aqua	Gentle Aqua	Public				Lane Swim		Moonlight Swim	
Saturday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
			Lane Swim	Public	Splash	Public		WAVE Rave	Lane Swim							
Sunday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
			Lane Swim	Public			*Party Hire	Lane Swim	Public	Lane Swim						

The pool will be cleared 3 minutes before each session is due to end. Public sessions will have 1 fast lane in at all times and 1 closed lane.
 RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements of the business - Please see "Pool Closure Notice" on our Website or at Reception
 Young Swimmers - Please note that under 8's must be accompanied and supervised in the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

 **Demolition Run!** Race your friends on our exiting new inflatable
Strong swimmers only- please arrive 15 minutes before session starts (8-15 years)



Low light & calm swim session

Swimming Pool Timetable

14/09/26-25/10/26

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
Monday		Lane Swim			Public	Disabled & 50+	Aqua	Lane Swim	School	Public				Public	Aqua	Lane Swim	
									Public								
Tuesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
		Lane Swim			Public			Aqua	Public					Turbos		Lane Swim	
Wednesday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
		Lane Swim			Public		Gentle Aqua	Aqua	Lane Swim	Public				Public	Turbos		Lane Swim
Thursday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
		Swim Fit			Aqua Zumba	Public	Disabled 50+	Lane Swim	Staff Training	School booking	Public			Public	Aqua	Lane Swim	Moonlight Swim
Friday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
		Lane Swim						Aqua	Gentle Aqua	Public				Swim Fit	Turbos		
Saturday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
		Lane Swim					Public	Lane Swim	Splash	Lane Swim							
Sunday	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
		Lane Swim		Public			*Party Hire	Lane Swim	Public	Lane Swim							

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