



Rivers Meet

ACTIVE

SUMMER
POOL
Timetable

JUMP INTO THE FUN THIS SUMMER!

ADMISSIONS:

ADULT- £7.40

CONCESSION- £6.90

JUNIOR- £5.10

**POOL
MEMBERSHIPS:**

FROM £37 A MONTH

JOIN TODAY!





Mermaid & FRIENDS EXPERIENCE

24TH AUGUST 2026



Ages 6-8:
14:00-14:45



Ages 9-11:
15:00-15:45



Ages 12-16:
16:00-16:45

Prerequisites:

- Can float without aid
- Can Skull without aid
- Can do Dolphin kicks
- Confident in deeper water

RAP MEMBERS= £17
NON MEMBERS= £20
BOOK ONLINE OR AT
RECEPTION NOW!





RiversMeet

ACTIVE

IT'S BACK!
WAVE
Rave

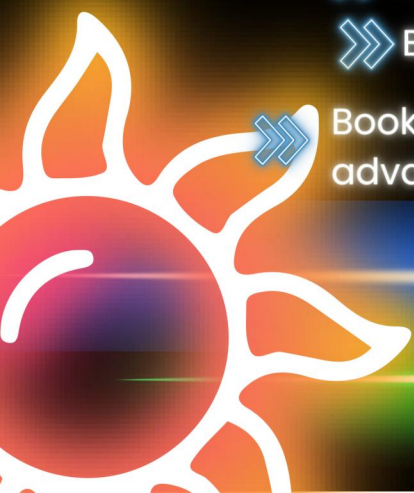
»»» Every Wednesday in summer!

»»» 1400-1500

»» Disco lights and music

»» Big floats and pool toys

»» Book your place up to 7 days in
advance online or call 01747 834013





NEW COURSE COMING!

Riversmeet Aquatics Intensive Course

This will be a 5 day Intensive Swim Course

Suitable for ages 4 - 16

**5 x 30 minute lessons each day commencing Monday 27th
July**

Lessons start from 9am

Cost £40 per swimmer



Our intensive swim course is designed to encourage a faster skill development and retention than weekly lessons.

We work on repetition and progression throughout each lesson, providing faster gains and swimmer satisfaction.

Building trust and confidence is a key part of our delivery, helping swimmers to overcome any fears or anxieties and find their confidence in the water.

To book in please email: swish@gclt.org.uk



Moonlight Swim

**Thursdays
2100-2200**

**Calm your Mind with
our low light session**

RiversMeet

ACTIVE

Summer Pool Timetable

Monday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
	Lane Swim				Public		Disabled & 50+		Lane Swim		Aqua		Sch		Pub	
Tuesday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
	Lane Swim				Public		RiversMeet AQUATICS				Aqua					
Wednesday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
	Lane Swim				School booking				Gentle Aqua		Aqua		La Sw			
Thursday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
			Swim Fit			Aqua Zumba		Splash		Disabled 50+		Lane Swim				
	Lane Swim						HAF									
Friday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
	Lane Swim				RiversMeet AQUATICS Public				Aqua		Gen Aq					
Saturday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
				Lane Swim		RiversMeet AQUATICS				Public		La Sw				
Sunday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
				Lane Swim		Public						*Party Hire		La Sw		

The pool will be cleared 3 minutes before each session is due to end. Public sessions
 RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements
 Young Swimmers - Please note that under 8's must be accompanied and supervised in

 **Demolition Run!** Race your friends on our exciting new inflatable
Strong swimmers only- please arrive 15 minutes before session starts (8-10am)

Week 1- 20/07/26-26/07/26

00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Public				Public	Aqua	Lane Swim	
00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
School booking	Public					Turbos	Lane Swim	
00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Public				Public	Turbos	Lane Swim	
00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Public				Public	Aqua	Lane Swim	
00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Splash	Public				Swim Fit	Turbos		
00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Splash	Lane Swim							
00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Lane Swim							

ions will have 1 fast lane in at all times and 1 closed lane.
 ts of the business - Please see "Pool Closure Notice" on our Website or at Reception
 the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

15 years)



Low light & calm swim session

Summer Pool Timetable

Monday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim					RAP CRASH		Disabled & 50+		Lane Swim		Aqua		Public	
Tuesday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim					RAP CRASH						Aqua		Public	
Wednesday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim					RAP CRASH		Public		Gentle Aqua		Aqua		Lane Swim	
Thursday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Swim Fit			Lane Swim			RAP CRASH		Splash		Disabled		Lane Swim		
		Lane Swim								HAF		50+				
Friday	06:00				07:00		08:00		09:00		10:00		11:00		12:00	
		Lane Swim					RAP CRASH		 Public				Aqua		General Aqua	
Saturday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim										Public				
Sunday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim			Public						*Party Hire				Lane Swim	

The pool will be cleared 3 minutes before each session is due to end. Public sessions start at 10:00. RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements. Young Swimmers - Please note that under 8's must be accompanied and supervised in the pool.

 **Demolition Run!** Race your friends on our exiting new inflatable. **Strong swimmers only**- please arrive 15 minutes before session starts (8-10:00).

Week 2- 27/07/26-02/08/26

	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash HAF	Public	Rivers Meet AQUATICS		Public	Aqua	Lane Swim	
	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash HAF	Public	Rivers Meet AQUATICS			Turbos		Lane Swim
	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Wave Swim	WAVE Rave	Public	Rivers Meet AQUATICS			Public	Lane Swim	
	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Public	Rivers Meet AQUATICS			Public	Aqua	Lane Swim Moonlight Swim
	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Swim Aqua	Splash HAF	Public	Rivers Meet AQUATICS		Swim Fit	Turbos		
	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Splash	Lane Swim						
	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Wave Swim	Public	Lane Swim						

Swimmers will have 1 fast lane in at all times and 1 closed lane.

Swimmers of the business - Please see "Pool Closure Notice" on our Website or at Reception

Swimmers of the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

(0-15 years)

RAP
CRASH

Our one week course of intensive lessons!
Please enquire for more details

Summer Pool Timetable

Monday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim					Public	Disabled & 50+			Lane Swim		Aqua		Public	
Tuesday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim					Public					Aqua		Public		
Wednesday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim					Public				Gentle Aqua			Aqua		Lane Swim
Thursday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Swim Fit					Aqua Zumba		Splash	Disabled 50+			Lane Swim		NPLQ	
Friday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim					Public					Aqua		Gentle Aqua		
Saturday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim											Public			
Sunday	06:00		07:00		08:00		09:00		10:00		11:00		12:00		13:00	
		Lane Swim					Public						*Party Hire		Lane Swim	

The pool will be cleared 3 minutes before each session is due to end. Public sessions start at 09:00. RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements. Young Swimmers - Please note that under 8's must be accompanied and supervised in the pool.


Demolition Run! Race your friends on our exiting new inflatable. Strong swimmers only- please arrive 15 minutes before session starts (8:30am)

Week 3- 03/08/26-09/08/26

12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash	Public			Public	Aqua	Lane Swim	
NPLQ								
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash	Public				Turbos		Lane Swim
NPLQ	HAF							
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	WAVE Rave	Public				Public	Turbos	Lane Swim
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
NPLQ		Public				Public	Aqua	Lane Swim
								Moonlight Swim
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash	Public			Swim Fit	Turbos		
NPLQ	HAF							
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Splash	Lane Swim						
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	Public	Lane Swim						

Swimmers will have 1 fast lane in at all times and 1 closed lane.

Hours of the business - Please see "Pool Closure Notice" on our Website or at Reception

Use the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

(0-15 years)

Summer Pool Timetable

Monday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
		Lane Swim							Public		Disabled & 50+		Lane Swim			Aqua			Pub					
Tuesday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
		Lane Swim							Public							Aqua			Pub					
Wednesday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
		Lane Swim							Public		Splash HAF			Gentle Aqua			Aqua			Lane Swim				
Thursday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
				Swim Fit							Aqua Zumba		Splash HAF		Disabled 50+		Lane Swim							
Friday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
		Lane Swim							Public							Aqua			Gen Aqua					
Saturday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
						Lane Swim												Public						
Sunday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
						Lane Swim					Public						*Party Hire			Lane Swim				

The pool will be cleared 3 minutes before each session is due to end. Public sessions
 RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements
 Young Swimmers - Please note that under 8's must be accompanied and supervised in the pool



Demolition Run! Race your friends on our exciting new inflatable
Strong swimmers only- please arrive 15 minutes before session starts (10:00-11:00)

Week 4- 10/08/26-16/08/26

0:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash HAF	Public	Rivers Meet AQUATICS		Public	Aqua	Lane Swim	
0:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash HAF	Public	Rivers Meet AQUATICS			Turbos		Lane Swim
0:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	WAVE Rave	Public	Rivers Meet AQUATICS			Public	Turbos	Lane Swim
0:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Public	Rivers Meet AQUATICS		Public	Aqua	Lane Swim	Moonlight Swim
0:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Children's Aqua	Splash HAF	Public	Rivers Meet AQUATICS		Swim Fit	Turbos		
0:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Splash	Lane Swim						
0:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	Public	Lane Swim						

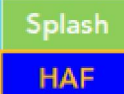
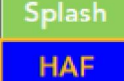
Sessions will have 1 fast lane in at all times and 1 closed lane.

Parents of the business - Please see "Pool Closure Notice" on our Website or at Reception

Enter the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

(8-15 years)

Summer Pool Timetable

Monday	06:00				07:00				08:00				09:00				10:00				11:00				12:00				13:00			
		Lane Swim								Public				Disabled & 50+				Lane Swim				Aqua				Public						
Tuesday	06:00				07:00				08:00				09:00				10:00				11:00				12:00				13:00			
		Lane Swim								Public												Aqua				Public						
Wednesday	06:00				07:00				08:00				09:00				10:00				11:00				12:00				13:00			
		Lane Swim								Public								Gentle Aqua				Aqua				Lane Swim						
Thursday	06:00				07:00				08:00				09:00				10:00				11:00				12:00				13:00			
						Lane Swim												Disabled 50+				Lane Swim										
Friday	06:00				07:00				08:00				09:00				10:00				11:00				12:00				13:00			
		Lane Swim								Public												Aqua				General Aqua						
Saturday	06:00				07:00				08:00				09:00				10:00				11:00				12:00				13:00			
						Lane Swim												Public														
Sunday	06:00				07:00				08:00				09:00				10:00				11:00				12:00				13:00			
						Lane Swim				Public								*Party Hire				Lane Swim										

The pool will be cleared 3 minutes before each session is due to end. Public sessions are subject to availability. RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements. Young Swimmers - Please note that under 8's must be accompanied and supervised in the pool.



Demolition Run! Race your friends on our exiting new inflatable. **Strong swimmers only**- please arrive 15 minutes before session starts (10:00-11:00).

Week 5- 17/08/26-23/08/26

13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash HAF	Public	Rivers Meet AQUATICS		Public	Aqua	Lane Swim	Moonlight Swim
13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	Splash HAF	Public	Rivers Meet AQUATICS			Turbos		Lane Swim
13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	WAVE Rave	Public	Rivers Meet AQUATICS		Public	Turbos		Lane Swim
13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		Public	Rivers Meet AQUATICS		Public	Aqua	Lane Swim	Moonlight Swim
13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Swim	Splash HAF	Public	Rivers Meet AQUATICS		Swim Fit	Turbos		
13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	Splash	Lane Swim						
13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	Public	Lane Swim						

Swim sessions will have 1 fast lane in at all times and 1 closed lane.

Hours of the business - Please see "Pool Closure Notice" on our Website or at Reception

Enter the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

(8-15 years)

Summer Pool Timetable

Monday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
	Lane Swim						Public			Disabled & 50+			Splash HAF			Aqua			Lane Swim					
Tuesday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
	Lane Swim						Public			Splash HAF			Lane Swim			Aqua			Public					
Wednesday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
	Lane Swim						Public			Splash HAF			Gentle Aqua			Aqua			Lane Swim					
Thursday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
				Swim Fit			Lane Swim			Aqua Zumba			Splash HAF			Disabled 50+			Lane Swim					
Friday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
	Lane Swim						Public			Splash			Lane Swim			Aqua			General Aqua					
Saturday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
							Lane Swim			Public			WAVE Rave			Public			Lane Swim					
Sunday	06:00			07:00			08:00			09:00			10:00			11:00			12:00			13:00		
							Lane Swim			Public			Party Hire			Lane Swim								

The pool will be cleared 3 minutes before each session is due to end. Public sessions are subject to availability. RiversMeet reserves the right to amend the Swimming Pool Timetable to meet any requirements. Young Swimmers - Please note that under 8's must be accompanied and supervised in the pool.



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Week 6- 24/08/26-30/08/26

12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim				Public		Aqua	Lane Swim	
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Public	WAVE Rave	Public		WAVE Rave	Public	Lane Swim		
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	BIG Summer PARTY	BIG Summer PARTY	BIG Summer PARTY	Public		Lane Swim		
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim		Public		WAVE Rave	Public	Aqua	Lane Swim	
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Gentle Aqua	Splash	Public			Swim Fit	Lane Swim		
	HAF							
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	Splash	Lane Swim						
12:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Lane Swim	Public	Lane Swim						

Swim lessons will have 1 fast lane in at all times and 1 closed lane.

Parents of the business - Please see "Pool Closure Notice" on our Website or at Reception

in the water by a responsible adult aged 16 or over. Our ratio is one to two for 0-7 years.

(8-15 years)



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Mermaid workshops, please see booklet or enquire for more details

RiversMeet

ACTIVE

Holiday Activities

23RD JULY - 28TH AUGUST 2026

FOR CHILDREN AGED 8 - 12 YEARS

 **BEST
START
IN LIFE**

Schools out!

Culture

RiversMeet

Fitness

**FREE
HOT
MEALS**

**£13.50
PER
SESSION**



SCAN THIS QR CODE TO
COMPLETE A BOOKING FORM



**Dorset
Council**

WWW.RIVERSMEETGILLINGHAM.ORG | 01747 834013

RIVERSMEET LEISURE CENTRE, HARDINGS LANE, GILLINGHAM, DORSET, SP8 4HX

COME JOIN OUR BRAND NEW SUMMER HYROX YOUNGSTARS CLASS!



Tuesday 28th July

Hyrox Kids 2pm → 2.45pm

Hyrox Teens 3pm → 3.45pm

Tuesday 11th August

Hyrox Kids 2pm → 2.45pm

Hyrox Teens 3pm - 3.45pm

£5.35 per class

These are bookable via reception

Hyrox kids (ages 6-10)

- Games based activities
 - Basic strength and conditioning
 - Team challenges and obstacle style circuits
- GREAT FOR BEGINNERS**

Hyrox teens (ages 10-15)

- Intro to hyrox style training
 - Functional fitness circuits (running and body weight work)
 - Build strength and confidence
- GREAT PROGRESSION FOR SPORTY
AND ACTIVE KIDS**

RiversMeet

GYMNASTICS

GYMNASTICS SUMMER WORKSHOPS

£17.50
PER CHILD

BEAM :

TUESDAY 28TH JULY @13:00-15:00

VAULT :

TUESDAY 4TH AUGUST @13:00-15:00

FLOOR :

TUESDAY 11TH AUGUST @13:00- 15:00

TUMBLE :

TUESDAY 18TH AUGUST @13:00-15:00

BARS:

TUESDAY 25TH AUGUST @13:00-15:00

ALL CHILDREN MUST BE OVER THE AGE OF 6 YEARS.

TO BOOK PLEASE SCAN THE QR CODE ATTACHED PLEASE
EMAIL LOUISE ON GYMNASTICS@GCLT.ORG.UK WITH ANY
QUESTIONS



RiversMeet

ACTIVE

SUMMER SPORTS



On our new 2G pitch!

INCLUDING:



£8 TENNIS &

£46.80 FOOTBALL



27% OFF UNDER 16'S FOOTBALL!



BOOK COURTS ONLINE OR
AT RECEPTION NOW!



RiverKidz

PARTY PACKAGES

RiversMeet | Soft Play | Pool Parties | Space Inflaters

A RANGE OF SOFT PLAY AND SWIMMING POOL PARTIES!

**BOOK
NOW!**

FOR KIDS BETWEEN 0 - 15 YEARS OLD

Fill out your booking form and return to
reception to secure your party date
Full Payment is required upon booking

WWW.RIVERSMEETGILLINGHAM.ORG
01747 834013



RiverKidz Memberships

**£22.50 PER
MONTH**

WHAT'S INCLUDED?



PRE SCHOOL GYMNASTICS

MONDAY, TUESDAY,
WEDNESDAY & THURSDAY
@ SPACE INFLATERS

STAY & PLAY SESSIONS

TUESDAY, WEDNESDAY &
THURSDAY @ SPACE INFLATERS



SPLASH SESSIONS

WEEKENDS. UNDER 8'S
MUST BE ACCOMPANIED BY
AN ADULT



BALLET CLASSES JAZZ CLASSES

WEDNESDAY AFTERNOON
FRIDAY AFTERNOON



SOFT PLAY

SATURDAY & SUNDAY
@SPACE INFLATERS



FRIDAY, SATURDAY &
SUNDAY @ RIVERSMEET
ACTIVE

INCLUDES 10% DISCOUNT ON OUR PARTY PACKAGES

PLEASE NOTE:

- NO CONTRACT. Just 30 days cancellation notice on every membership.
- For safety reasons, children under 8 for the Splash session must be accompanied by an adult.
- Splash sessions and classes are bookable online or at reception.



RiversMeet

ACTIVE



BIG Summer PARTY

26 AUGUST

1:00–5:00PM

POOL PARTIES

FACE PAINTING

MUSIC & MOCKTAILS

DISPLAYS BY

RiversMeet
GYMNASTICS

&

RiversMeet
DANCE

HYROX YOUNG STARS TASTER

Book online or at reception
from the 19th August!